



## PRESS RELEASE

# Tokyo 2020 Unveils Paralympic Competition Schedule

*Setting the scene for the drama and triumph of the Games*

**Tokyo, 19 October 2018** – The Tokyo Organising Committee of the Olympic and Paralympic Games (Tokyo 2020) today unveiled the competition schedule by session\*<sup>1</sup> for the Tokyo 2020 Paralympic Games following its approval by the International Paralympic Committee (IPC).

The Paralympic Games in Tokyo will be the biggest and the most exciting ever held. Over just 12 days, from the following day of the Opening Ceremony on 25 August until 6 September, 22 sports and 540 events will be contested featuring a record 4,400\*<sup>2</sup> athletes. The most popular sports are spread throughout the Games so spectators can enjoy the dramatic highs and lows from the beginning to end. Overall, events are scheduled so they are more accessible to families and a wide range of other people. In addition, in order to prioritise athlete conditioning at the Games, the marathon and triathlon races will be held early in the morning.

Tokyo 2020 took a holistic approach when compiling the schedule, taking into account the athletes' experience and well-being, technical rules and regulations of the various international federations, gender balance, the popularity of individual sports in Japan, operational considerations, and the global TV audience.

Tokyo 2020 Paralympic Games ticket sales for residents of Japan are set to start in summer of 2019 and there are plans for the updated schedule for all 540 medal events\*<sup>3</sup> to be published by then. The competition schedule by session approved today is subject to change after further adjustments.

On 26 August, a day after the Opening Ceremony, competition in seven sports will begin: cycling (track), goalball, swimming, table tennis, wheelchair basketball, wheelchair fencing and wheelchair rugby. Athletics (track and field), will enliven the Olympic Stadium each day from 28 August to 5 September.

Another widely popular sport, boccia, will be held from 29 August to 5 September. As part of the IPC's drive to increase opportunities for athletes with high support needs, the cap for the number of athletes in the sport has been increased by eight since the Rio 2016 Paralympic Games taking it to a total of 116.



On the morning of 29 and 30 August, triathlon will be held over its most urban course in the history of the Paralympic Games yet. The race will be run around the Odaiba district next to Tokyo Bay, allowing the athletes to compete in front of a fantastic backdrop of Tokyo's skyscrapers.

During the middle phase of the Games, the highlight will be the wheelchair rugby final which will be held from 6 PM (JST) on the first Sunday after the Opening Ceremony. There are increasing expectations for the Japan team which defeated the Rio 2016 gold medallist Australia team and became world champion this year. The wheelchair rugby final, as well as other team sport finals, have traditionally been played at the end of the Games, but at Tokyo 2020 some are scheduled in the middle to build excitement for the events to come.

Cycling road will commence on 1 September. The courses will vary slightly from class to class, but they will all start and end at the Fuji International Speedway that sits near the foot of the iconic Mount Fuji. All courses feature a number of gradients and downhill sections and are likely to provide some spectacular competition.

Badminton and taekwondo, which have been added to the Paralympic sport programme for the first time, will be held in the second half of the Games. Badminton will be played from 2 to 6 September at the Yoyogi National Stadium, a legacy venue from the Tokyo 1964 Games, and taekwondo from 3 to 5 September at the Makuhari Messe in Chiba.

Many semi-finals and finals for various sports will take place in the latter half of the Games and will ensure there is plenty of exciting action all the way to the end of the Games.

The finals of wheelchair tennis will be on 4 and 5 September. Wheelchair basketball will be one of the final high points of the Games. Its women's and men's finals will be played on 5 September and 6 September, respectively.

The men's and women's marathon will be held on the morning of the Games' final day. The event features the powerfully built wheelchair racers who can push their chairs to speeds of 40km per hour, as well as the teamwork on display between the visually impaired runners and their guides.

Runners will pass through the heart of Tokyo – the world's largest metropolitan area with a population of nearly 35 million – competing among some of the capital's most iconic landmarks, providing an unforgettable experience for the athletes, as well as for spectators along the route and those watching on their screens around the world.

Yoshiro Mori, President of Tokyo 2020, commented, "The schedule for 12 days of fierce competition between a record 4,400 Paralympians from around the world has been framed. 22 sports are scheduled,

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### Tokyo 2020 Vision

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Sport has the power to change the world and our future. The Tokyo 1964 Games completely transformed Japan. The Tokyo 2020 Games, as the most innovative in history, will bring positive reform to the world by building on three core concepts:

"Striving for your personal best (Achieving Personal Best)"

"Accepting one another (Unity in Diversity)"

"Passing on Legacy for the future (Connecting to Tomorrow)"

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spread in a well-balanced manner across the length of the Games, so spectators can enjoy the dramatic highs and lows from beginning to end. From now on, I would like people from around the world to look forward to the Games.

“We believe that watching a powerful display of sporting prowess on-site, with the high performances of Paralympians who are pushing their limits to create the drama of the Games, will be an experience that reaches many people’s hearts.

“I would like to thank those who were involved over a long period of time in the coordination of the competition schedule, including the IPC and IFs. Tokyo 2020 will continue to work on further preparations for the Games.”

\*1 The competition schedule by session outlines the start and finish times of each session, and is subject to change. The more detailed schedule by event will identify the individual times of specific events (e.g. heats, semi-finals, finals, classification matches) that will take place within each session.

\*2 Is the number of athletes set for the Tokyo 2020 Paralympic Games. It may differ from the actual number of athletes who will participate.

\*3 The competition schedule by event indicates the start and finish times of each event within each session.

For details of the schedule, please see attached Appendixes 1 and 2, or visit:

<https://tokyo2020.org/en/games/schedule/paralympic/>

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**Tokyo 2020 Vision**

Sport has the power to change the world and our future. The Tokyo 1964 Games completely transformed Japan. The Tokyo 2020 Games, as the most innovative in history, will bring positive reform to the world by building on three core concepts:

“Striving for your personal best (Achieving Personal Best)”

“Accepting one another (Unity in Diversity)”

“Passing on Legacy for the future (Connecting to Tomorrow)”

Appendix 1  
Tokyo 2020 - Paralympic Session Competition Schedule by Venue (As of 19th October 2018)

No	Venue	Sports/Discipline	0	1	2	3	4	5	6	7	8	9	10	11	12	
			25 Aug Tue	26 Aug Wed	27 Aug Thu	28 Aug Fri	29 Aug Sat	30 Aug Sun	31 Aug Mon	1 Sep Tue	2 Sep Wed	3 Sep Thu	4 Sep Fri	5 Sep Sat	6 Sep Sun	
1	Olympic Stadium	Opening and Closing Ceremonies														
		Athletics (Track & Field)				09:30 - 13:00	09:30 - 13:00	09:30 - 13:00	09:30 - 13:00	09:30 - 13:00	09:30 - 13:00	09:30 - 13:00	09:30 - 13:00	09:30 - 13:00	09:30 - 13:00	
							19:00 - 22:00	19:00 - 22:00	19:00 - 22:00	19:00 - 22:00	19:00 - 22:00	19:00 - 22:00	19:00 - 22:00	19:00 - 22:00	19:00 - 22:00	
		Athletics (Marathon)														07:00 - 11:30
																M/W/F
2	Tokyo Metropolitan Gymnasium	Table Tennis		09:00 - 14:20	09:00 - 14:20	09:00 - 14:20	09:00 - 15:00	10:00 - 14:00	10:00 - 14:00	10:00 - 14:30	10:00 - 16:00	10:00 - 15:30	10:00 - 15:30			
				16:00 - 22:00	16:00 - 22:00	16:00 - 22:00	16:30 - 21:30	16:00 - 20:00	16:00 - 20:00	16:30 - 21:00	17:30 - 21:30	17:00 - 21:00	17:00 - 21:00			
				M/W	M/W	M/W	M/W/F	M/W/F	M/W/F	M/W	M/W	M/W/F	M/W/F			
3	Yoyogi National Stadium	Badminton									18:00 - 22:00	09:00 - 21:00	09:00 - 21:00	09:00 - 21:00	09:00 - 14:00	
											M/W	M/W	M/W	M/W/F	M/W/F	
		Wheelchair Rugby		11:30 - 15:45	11:30 - 15:45	11:30 - 15:45	11:30 - 15:45	14:00 - 16:00								
				17:30 - 22:00	17:30 - 22:00	17:30 - 22:00	17:30 - 22:00	18:00 - 21:15								
																Mix
4	Nippon Budokan	Judo				10:30 - 13:30	10:30 - 13:30	10:30 - 14:30								
						16:30 - 19:00	16:30 - 19:00	17:30 - 20:30								
						M/W/F	M/W/F	M/W/F								
5	Tokyo International Forum	Powerlifting			11:00 - 14:30	11:00 - 14:30	11:00 - 14:30	11:00 - 14:30	11:00 - 14:30							
					16:30 - 20:00	16:30 - 20:00	16:30 - 20:00	16:30 - 20:00	16:30 - 20:00							
					M/W/F	M/W/F	M/W/F	M/W/F	M/W/F							
6	Equestrian Park	Equestrian			14:00 - 22:30	15:00-21:30	14:00 - 22:15		15:00 - 21:50							
					Mix/F	Mix/F	Mix/F		Mix/F							
7	Musashino Forest Sport Plaza	Wheelchair Basketball		09:00 - 13:00	09:00 - 13:00	09:00 - 13:00	09:00 - 13:00	09:00 - 13:00								
				14:45 - 18:45	14:45 - 18:45	14:45 - 18:45	14:45 - 18:45	14:45 - 18:45								
				20:30 - 22:15	20:30 - 22:15	20:30 - 22:15	20:30 - 22:15	20:30 - 22:15								
				M/W	M/W	M/W	M/W	M/W								
8	Ariake Arena	Wheelchair Basketball			09:00 - 13:00	09:00 - 13:00	09:00 - 13:00	09:00 - 13:00	09:00 - 13:00	09:00 - 10:45	09:00 - 10:45					10:00 - 14:15
					14:45 - 18:45	14:45 - 18:45	14:45 - 18:45	14:45 - 18:45	14:45 - 18:45	12:30 - 16:30	12:30 - 16:30	12:30 - 16:30	12:30 - 16:30	14:15 - 16:00		
					20:30 - 22:15	20:30 - 22:15	20:30 - 22:15	20:30 - 22:15	20:30 - 22:15	18:15 - 22:15	18:15 - 22:15	18:15 - 22:15	18:15 - 22:15	17:45 - 22:00		
					M/W	M/W	M/W	M/W	M	W/QF	M/QF	M/W/SF	M/W/SF	M/W/F	M/F	
9	Olympic Gymnastic Centre	Boccia					09:30-14:20	09:30-14:20	09:30-14:20	09:30-14:20	09:30-13:25	09:30-12:45	09:30-12:45	09:30-13:30		
							16:00-20:50	16:00-20:50	16:00-20:50	16:00-19:45	15:05-19:25	14:25-19:25	14:25-19:25	15:10-20:40		
							Mix	Mix	Mix	Mix/QF/SF	Mix/F	Mix	Mix	Mix/SF/F		
10	Ariake Tennis Park	Wheelchair Tennis			Center Court	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 15:00	11:00 - 15:00	11:00 - 15:00	11:00 - 15:00		
					Court 1	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 15:00	11:00 - 15:00				
					Court 2	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 15:00					
					Court 3-9	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00						
							M/W/Mix	M/W/Mix	M/W/Mix	M/W/Mix	M/W/Mix/F	M/W/Mix/F	M/W/Mix/F	M/W/F	M/W/F	

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Tokyo 2020 - Paralympic Session Competition Schedule by Venue (As of 19th October 2018)

No	Venue	Sports/Discipline	0	1	2	3	4	5	6	7	8	9	10	11	12	
			25 Aug Tue	26 Aug Wed	27 Aug Thu	28 Aug Fri	29 Aug Sat	30 Aug Sun	31 Aug Mon	1 Sep Tue	2 Sep Wed	3 Sep Thu	4 Sep Fri	5 Sep Sat	6 Sep Sun	
11	Odaiba Marine Park	Triathlon					08:00 - 13:00	08:00 - 13:00								
							M/W/F	M/W/F								
12	Aomi Urban Sports Venue	Football 5-a-side							09:00 - 13:00	09:00 - 13:00	09:00 - 13:00		09:00 - 13:00		11:30 - 13:00	
									16:30 - 18:00	16:30 - 18:00	16:30 - 18:00		16:30 - 18:00		17:30 - 19:35	
									19:30 - 21:00	19:30 - 21:00	19:30 - 21:00		19:30 - 21:00			
									M	M	M		M/SF		M/F	
13	Sea Forest Waterway	Canoe										09:30 - 12:45	09:30 - 12:55	09:30 - 12:50		
												M/W	M/W/F	M/W/F		
		Rowing				09:30 - 11:50	09:30 - 11:50	09:30 - 11:50								
					M/W/Mix	M/W/Mix	M/W/Mix/F									
14	Dream Island Archery Field	Archery				09:00 - 12:00	09:00 - 14:00	09:00 - 13:55	09:00 - 13:25	09:00 - 13:25		10:00 - 14:00	10:00 - 14:00	10:00 - 12:40		
					14:00 - 17:00	17:00 - 21:25	17:00 - 20:05	17:00 - 20:25	17:00 - 20:25		17:00 - 19:25	17:00 - 21:25	17:00 - 20:05			
					M/W	M/Mix/QF/SF/F	W/Mix/QF/SF/F	M/W/QF/SF/F	M/W/QF/SF/F		W/QF/SF/F	M/QF/SF/F	Mix/QF/SF/F			
15	Olympic Aquatics Centre	Swimming		09:00 - 11:30	09:00 - 11:30	09:00 - 11:30	09:00 - 11:30	09:00 - 11:30	09:00 - 11:30	09:00 - 11:30	09:00 - 11:30	09:00 - 11:30	09:00 - 11:30	09:00 - 11:30		
				17:00 - 21:00	17:00 - 21:00	17:00 - 21:00	17:00 - 21:00	17:00 - 21:00	17:00 - 21:00	17:00 - 21:00	17:00 - 21:00	17:00 - 21:00	17:00 - 21:00	17:00 - 21:00		
				M/W/F	M/W/F	M/W/F	M/W/F	M/W/F	M/W/F	M/W/F	M/W/F	M/W/F	M/W/F	M/W/F		
16	Makuhari Messe Hall A	Sitting Volleyball				10:00 - 11:30	10:00 - 11:30	10:00 - 11:30	10:00 - 11:30	10:00 - 11:30	10:00 - 11:30					10:00 - 13:00
					14:00 - 15:30	14:00 - 15:30	14:00 - 15:30	14:00 - 15:30	14:00 - 15:30	14:00 - 15:30	14:00 - 15:30	13:30 - 17:00	13:30 - 17:00	14:00 - 22:00		
					18:30 - 22:00	18:30 - 22:00	18:30 - 22:00	18:30 - 22:00	18:30 - 22:00	18:30 - 22:00	18:30 - 22:00	18:30 - 22:00	18:30 - 22:00			
					M/W	M/W	M/W	M/W	M/W	M/W	M/W	M/W	M/SF	W/SF	M/W/F	W/F
17	Makuhari Messe Hall B	Taekwondo										10:00 - 15:00	10:00 - 15:00	10:00 - 15:00		
												17:00 - 21:50	17:00 - 21:50	17:00 - 21:50		
												M/W/F	M/W/F	M/W/F		
		Wheelchair Fencing		09:00 - 12:45	09:00 - 12:30	09:00 - 12:30	08:30 - 15:00	08:30 - 15:00								
		14:45 - 17:35	14:30 - 19:05	14:30 - 19:05	17:00 - 21:00	17:00 - 21:00										
		M/W/F	M/W/F	M/W/F	M/W/F	M/W/F										
18	Makuhari Messe Hall C	Goalball		09:00 - 11:45	09:00 - 11:45	09:00 - 11:45	09:00 - 11:45	09:00 - 11:45	09:00 - 11:45	09:00 - 11:45						
				13:15 - 16:00	13:15 - 16:00	13:15 - 16:00	13:15 - 16:00	13:15 - 16:00	13:15 - 16:00	13:00 - 15:50	13:00 - 15:50	13:00 - 15:50	13:00 - 15:50			
				17:30 - 21:45	17:30 - 21:45	17:30 - 21:45	17:30 - 21:45	17:30 - 20:15	17:30 - 20:15	17:20 - 20:10	17:20 - 20:10	17:20 - 20:10	17:20 - 21:10			
				M/W	M/W	M/W	M/W	M/W	M/W	M/QF	W/QF	M/W/SF	M/W/F			
19	Asaka Shooting Range	Shooting							08:30 - 16:45	09:30 - 15:30	09:30 - 14:45	08:45 - 16:45	09:30 - 16:30	09:30 - 15:45	09:30 - 12:30	
									M/W/Mix/F	M/W/F	Mix/F	Mix/F	M/W/F	Mix/F	Mix/F	
20	Izu Velodrome	Cycling		10:00 - 18:15	10:00 - 19:30	10:00 - 19:50	10:00 - 13:30									
				M/W/F	M/W/F	M/W/F	M/W/F									
21	Fuji International Speedway	Cycling								08:00 - 17:15	09:30 - 17:05	09:30 - 16:45	09:30 - 16:45			
										M/W/F	M/W/F	M/W/F	M/W/F			

This session competition schedule is subject to amendments up until the conclusion of the Tokyo 2020 Paralympic Games.

Appendix 2  
Tokyo 2020 - Paralympic Session Competition Schedule by Sports (As of 19th October 2018)

No	Sports/Discipline	Venue	0	1	2	3	4	5	6	7	8	9	10	11	12	
			25 Aug Tue	26 Aug Wed	27 Aug Thu	28 Aug Fri	29 Aug Sat	30 Aug Sun	31 Aug Mon	1 Sep Tue	2 Sep Wed	3 Sep Thu	4 Sep Fri	5 Sep Sat	6 Sep Sun	
1	Opening and Closing Ceremonies	Olympic Stadium														
2	Archery	Dream Island Archery Field				9:00 - 12:00	9:00 - 14:00	9:00 - 13:55	9:00 - 13:25	9:00 - 13:25		10:00 - 14:00	10:00 - 14:00	10:00 - 12:40		
						14:00 - 17:00	17:00 - 21:25	17:00 - 20:05	17:00 - 20:25	17:00 - 20:25		17:00 - 19:25	17:00 - 21:25	17:00 - 20:05		
3	Athletics	(Track & Field)				M/W	M/Mix/QF/SF/F	W/Mix/QF/SF/F	M/W/QF/SF/F	M/W/QF/SF/F		W/QF/SF/F	M/QF/SF/F	Mix/QF/SF/F		
						9:30 - 13:00	9:30 - 13:00	9:30 - 13:00	9:30 - 13:00	9:30 - 13:00	9:30 - 13:00	9:30 - 13:00	9:30 - 13:00	9:30 - 13:00	9:30 - 13:00	
		Olympic Stadium				19:00 - 22:00	19:00 - 22:00	19:00 - 22:00	19:00 - 22:00	19:00 - 22:00	19:00 - 22:00	19:00 - 22:00	19:00 - 22:00	19:00 - 22:00	19:00 - 22:00	
			(Marathon)													
4	Badminton	Yoyogi National Stadium									18:00 - 22:00	9:00 - 21:00	9:00 - 21:00	9:00 - 21:00	9:00 - 14:00	
												M/W	M/W	M/W	M/W/F	M/W/F
5	Boccia	Olympic Gymnastic Centre					9:30-14:20	9:30-14:20	9:30-14:20	9:30-14:20	9:30-13:25	9:30-12:45	9:30-12:45	9:30-13:30		
							16:00-20:50	16:00-20:50	16:00-20:50	16:00-19:45	15:05-19:25	14:25-19:25	14:25-19:25	15:10-20:40		
6	Canoe	Sea Forest Waterway										9:30 - 12:45	9:30 - 12:55	9:30 - 12:50		
													M/W	M/W/F	M/W/F	
7	Cycling	Track	Izu Velodrome	10:00 - 18:15	10:00 - 19:30	10:00 - 19:50	10:00 - 13:30									
		Road	Fuji International Speedway								8:00 - 17:15	9:30 - 17:05	9:30 - 16:45	9:30 - 16:45		
8	Equestrian	Equestrian Park			14:00 - 22:30	15:00-21:30	14:00 - 22:15		15:00 - 21:50							
					Mix/F	Mix/F	Mix/F		Mix/F							
9	Football 5-a-side	Aomi Urban Sports Venue						9:00 - 13:00	9:00 - 13:00	9:00 - 13:00		9:00 - 13:00		11:30 - 13:00		
									16:30 - 18:00	16:30 - 18:00	16:30 - 18:00		16:30 - 18:00		17:30 - 19:35	
									19:30 - 21:00	19:30 - 21:00	19:30 - 21:00		19:30 - 21:00			
10	Goalball	Makuhari Messe Hall C		9:00 - 11:45	9:00 - 11:45	9:00 - 11:45	9:00 - 11:45	9:00 - 11:45	9:00 - 11:45							
				13:15 - 16:00	13:15 - 16:00	13:15 - 16:00	13:15 - 16:00	13:15 - 16:00	13:15 - 16:00	13:00 - 15:50	13:00 - 15:50	13:00 - 15:50	13:00 - 15:50			
				17:30 - 21:45	17:30 - 21:45	17:30 - 21:45	17:30 - 21:45	17:30 - 20:15	17:30 - 20:15	17:20 - 20:10	17:20 - 20:10	17:20 - 20:10	17:20 - 21:10			
				M/W	M/W	M/W	M/W	M/W	M/W	M/QF	W/QF	M/W/SF	M/W/F			
11	Judo	Nippon Budokan				10:30 - 13:30	10:30 - 13:30	10:30 - 14:30								
						16:30 - 19:00	16:30 - 19:00	17:30 - 20:30								
						M/W/F	M/W/F	M/W/F								
12	Powerlifting	Tokyo International Forum			11:00 - 14:30	11:00 - 14:30	11:00 - 14:30	11:00 - 14:30	11:00 - 14:30							
					16:30 - 20:00	16:30 - 20:00	16:30 - 20:00	16:30 - 20:00	16:30 - 20:00							
					M/W/F	M/W/F	M/W/F	M/W/F	M/W/F							

Appendix 2  
Tokyo 2020 - Paralympic Session Competition Schedule by Sports (As of 19th October 2018)

No	Sports/Discipline	Venue	0	1	2	3	4	5	6	7	8	9	10	11	12
			25 Aug Tue	26 Aug Wed	27 Aug Thu	28 Aug Fri	29 Aug Sat	30 Aug Sun	31 Aug Mon	1 Sep Tue	2 Sep Wed	3 Sep Thu	4 Sep Fri	5 Sep Sat	6 Sep Sun
13	Rowing	Sea Forest Waterway				9:30 - 11:50	9:30 - 11:50	9:30 - 11:50							
						<b>M/W/Mix</b>	<b>M/W/Mix</b>	<b>M/W/Mix/F</b>							
14	Shooting	Asaka Shooting Range							8:30 - 16:45	9:30 - 15:30	9:30 - 14:45	8:45 - 16:45	9:30 - 16:30	9:30 - 15:45	9:30 - 12:30
									<b>M/W/Mix/F</b>	<b>M/W/F</b>	<b>Mix/F</b>	<b>Mix/F</b>	<b>M/W/F</b>	<b>Mix/F</b>	<b>Mix/F</b>
15	Sitting Volleyball	Makuhari Messe Hall A				10:00 - 11:30	10:00 - 11:30	10:00 - 11:30	10:00 - 11:30	10:00 - 11:30	10:00 - 11:30				10:00 - 13:00
						14:00 - 15:30	14:00 - 15:30	14:00 - 15:30	14:00 - 15:30	14:00 - 15:30	14:00 - 15:30	13:30 - 17:00	13:30 - 17:00	14:00 - 22:00	
						18:30 - 22:00	18:30 - 22:00	18:30 - 22:00	18:30 - 22:00	18:30 - 22:00	18:30 - 22:00	18:30 - 22:00	18:30 - 22:00		
						<b>M/W</b>	<b>M/W</b>	<b>M/W</b>	<b>M/W</b>	<b>M/W</b>	<b>M/W</b>	<b>M/SF</b>	<b>W/SF</b>	<b>M/W/F</b>	<b>W/F</b>
16	Swimming	Olympic Aquatics Centre		9:00 - 11:30	9:00 - 11:30	9:00 - 11:30	9:00 - 11:30	9:00 - 11:30	9:00 - 11:30	9:00 - 11:30	9:00 - 11:30	9:00 - 11:30	9:00 - 11:30		
				17:00 - 21:00	17:00 - 21:00	17:00 - 21:00	17:00 - 21:00	17:00 - 21:00	17:00 - 21:00	17:00 - 21:00	17:00 - 21:00	17:00 - 21:00	17:00 - 21:00		
				<b>M/W/F</b>	<b>M/W/F</b>	<b>M/W/F</b>	<b>M/W/F</b>	<b>M/W/F</b>	<b>M/W/F</b>	<b>M/W/F</b>	<b>M/W/F</b>	<b>M/W/F</b>	<b>M/W/F</b>		
17	Table Tennis	Tokyo Metropolitan Gymnasium		9:00 - 14:20	9:00 - 14:20	9:00 - 14:20	9:00 - 15:00	10:00 - 14:00	10:00 - 14:00	10:00 - 14:30	10:00 - 16:00	10:00 - 15:30	10:00 - 15:30		
				16:00 - 22:00	16:00 - 22:00	16:00 - 22:00	16:30 - 21:30	16:00 - 20:00	16:00 - 20:00	16:30 - 21:00	17:30 - 21:30	17:00 - 21:00	17:00 - 21:00		
				<b>M/W</b>	<b>M/W</b>	<b>M/W</b>	<b>M/W/F</b>	<b>M/W/F</b>	<b>M/W/F</b>	<b>M/W</b>	<b>M/W</b>	<b>M/W/F</b>	<b>M/W/F</b>		
18	Taekwondo	Makuhari Messe Hall B										10:00 - 15:00	10:00 - 15:00	10:00 - 15:00	
												17:00 - 21:50	17:00 - 21:50	17:00 - 21:50	
												<b>M/W/F</b>	<b>M/W/F</b>	<b>M/W/F</b>	
19	Triathlon	Odaiba Marine Park					8:00 - 13:00	8:00 - 13:00							
							<b>M/W/F</b>	<b>M/W/F</b>							
20	Wheelchair Basketball	Musashino Forest Sport Plaza		9:00 - 13:00	9:00 - 13:00	9:00 - 13:00	9:00 - 13:00	9:00 - 13:00							
				14:45 - 18:45	14:45 - 18:45	14:45 - 18:45	14:45 - 18:45	14:45 - 18:45							
				20:30 - 22:15	20:30 - 22:15	20:30 - 22:15	20:30 - 22:15	20:30 - 22:15							
				<b>M/W</b>	<b>M/W</b>	<b>M/W</b>	<b>M/W</b>	<b>M/W</b>							
		Ariake Arena			9:00 - 13:00	9:00 - 13:00	9:00 - 13:00	9:00 - 13:00	9:00 - 13:00	9:00 - 10:45	9:00 - 10:45				10:00 - 14:15
					14:45 - 18:45	14:45 - 18:45	14:45 - 18:45	14:45 - 18:45	14:45 - 18:45	12:30 - 16:30	12:30 - 16:30	12:30 - 16:30	12:30 - 16:30	14:15 - 16:00	
					20:30 - 22:15	20:30 - 22:15	20:30 - 22:15	20:30 - 22:15	20:30 - 22:15	18:15 - 22:15	18:15 - 22:15	18:15 - 22:15	18:15 - 22:15	17:45 - 22:00	
					<b>M/W</b>	<b>M/W</b>	<b>M/W</b>	<b>M/W</b>	<b>M</b>	<b>W/QF</b>	<b>M/QF</b>	<b>M/W/SF</b>	<b>M/W/SF</b>	<b>M/W/F</b>	<b>M/F</b>
21	Wheelchair Fencing	Makuhari Messe Hall B		9:00 - 12:45	9:00 - 12:30	9:00 - 12:30	8:30 - 15:00	8:30 - 15:00							
				14:45 - 17:35	14:30 - 19:05	14:30 - 19:05	17:00 - 21:00	17:00 - 21:00							
				<b>M/W/F</b>	<b>M/W/F</b>	<b>M/W/F</b>	<b>M/W/F</b>	<b>M/W/F</b>							
22	Wheelchair Rugby	Yoyogi National Stadium		11:30 - 15:45	11:30 - 15:45	11:30 - 15:45	11:30 - 15:45	14:00 - 16:00							
				17:30 - 22:00	17:30 - 22:00	17:30 - 22:00	17:30 - 22:00	18:00 - 21:15							
				<b>Mix</b>	<b>Mix</b>	<b>Mix</b>	<b>Mix/SF</b>	<b>Mix/F</b>							
23	Wheelchair Tennis	Ariake Tennis Park				11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 15:00	11:00 - 15:00	11:00 - 15:00	11:00 - 15:00	
						<b>M/W/Mix</b>	<b>M/W/Mix</b>	<b>M/W/Mix</b>	<b>M/W/Mix</b>	<b>M/W/Mix/F</b>	<b>M/W/Mix/F</b>	<b>M/W/Mix/F</b>	<b>M/W/F</b>	<b>M/W/F</b>	

This session competition schedule is subject to amendments up until the conclusion of the Tokyo 2020 Paralympic Games.